

# Chocolate 10k

## Overall Results

Place	Bib	Name	Gender	AG	Club	ChipTime	GunTime
Chocolate 10k							
1.	158	Shaun Hobson	M	V40	Driffield Striders	00:36:26	00:36:28
2.	34	Stewart Blaseby	M	SEN		00:39:40	00:39:41
3.	79	Luke Cranfield	M	SEN	Northowram Pumas Running Club	00:41:18	00:41:19
4.	117	Dale Forsdyke	M	V40		00:42:27	00:42:27
5.	272	Ian Ruddick	M	V40		00:43:15	00:43:17
6.	57	Mark Casey	M	V50	Wakefield Triathlon Club	00:45:10	00:45:13
7.	207	Adrian Lee-Stokes	M	SEN		00:45:47	00:45:50
8.	322	Alex Van der Arend	M	V45		00:45:57	00:45:58
9.	340	Dylan Wilson	M	U23		00:46:55	00:47:02
10.	23	Tom Barker	M	V35		00:47:04	00:47:24
11.	153	Jason Hill	M	V45		00:47:19	00:47:28
12.	349	Innes Young	M	V40	Roundhay Runners	00:48:04	00:48:12
13.	182	Mark Johnson	M	V35		00:48:57	00:49:03
14.	203	Malcolm Lavery	M	V50	Abbey Runners	00:49:12	00:49:20
15.	119	Joanna Fraser	F	V40		00:49:20	00:49:23
16.	122	Richard Freeman	M	V40	Easingwold Running Club	00:49:57	00:50:06
17.	63	Gary Clark	M	SEN		00:50:23	00:50:29
18.	42	Catherine Brown	F	SEN		00:50:33	00:50:38
19.	65	Chris Clegg	M	V35		00:50:28	00:50:55
20.	267	Beth Robinson	F	V40		00:51:15	00:51:18
21.	172	Alison Hyde	F	V50		00:52:03	00:52:09
22.	151	Paul Higham	M	V60	Methley Striders	00:52:12	00:52:15
23.	173	Chris Hyde	M	V50		00:52:28	00:52:34
24.	115	Richard Firth	M	V40	Dewsbury Road Runners	00:52:45	00:52:48
25.	107	Allison English	F	V35	Fitmums and Friends	00:52:48	00:52:52
26.	108	Jessica Evans	F	SEN		00:53:19	00:53:34
27.	51	Ally Canning	F	SEN	Northowram Pumas Running Club	00:53:40	00:53:42
28.	52	Phil Carradice	M	V35		00:53:25	00:53:42
29.	234	Paul Nilsson	M	V40		00:53:46	00:53:51
30.	194	Ann Kisluk	F	V50	Eccleshill Road Runners	00:53:57	00:54:20
31.	1	Alex Abel	M	V40	Fitmums and Friends	00:54:24	00:54:27
32.	134	Hannah Green	F	SEN		00:54:19	00:54:28
33.	271	Andrew Royle	M	V35		00:54:20	00:54:29
34.	130	David Goodyear	M	V50	Eccleshill Road Runners	00:54:24	00:54:48
35.	266	Vikki Robinson	F	V35		00:54:44	00:54:50
36.	196	Jodie Knowles	F	V35	Northowram Pumas Running Club	00:54:54	00:54:56
37.	303	Joe Stockley	M	U20		00:54:51	00:55:11
38.	205	Michael Lee	M	SEN		00:55:32	00:55:37
39.	143	Lisa Harrison	F	V45	Knaresborough Striders	00:55:43	00:55:48
40.	175	Daryl Jackson	M	V55		00:56:06	00:56:23
41.	27	Robert Bayley	M	V45		00:56:06	00:56:24
42.	223	Sarah Mckie	F	V35		00:56:29	00:56:40
43.	73	Stephanie Coop	F	SEN		00:56:45	00:56:57
44.	15	Helen Andrews	F	V50	Barnsley Harriers	00:57:05	00:57:21



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Place	Bib	Name	Gender	AG	Club	ChipTime	GunTime
45.	215	Craig Mann	M	V35		00:57:13	00:57:33
46.	48	Stephen Calverley	M	V45		00:57:29	00:57:36
47.	213	David Mackie	M	SEN		00:57:25	00:57:40
48.	197	Natalie Krishnan	F	SEN		00:57:34	00:57:43
49.	281	Phil Seymour	M	V40		00:57:31	00:57:44
50.	286	Jane Simpson	F	V45	Pickering Running Club	00:57:34	00:57:54
51.	111	Karen Farmer-Scott	F	V50		00:57:34	00:57:54
52.	185	Richard Kay	M	V40		00:57:52	00:58:06
53.	110	Neil Faddy	M	V35		00:58:11	00:58:18
54.	16	Anna Austin	F	V35	Barnsley Harriers	00:58:08	00:58:18
55.	270	Anne Siobhan	F	V35		00:58:11	00:58:18
56.	284	Lucy Shaw	F	V35		00:58:09	00:58:19
57.	300	Helen Stead	F	V35		00:57:57	00:58:19
58.	216	Bev Mannion	F	V35		00:57:57	00:58:20
59.	302	Charles Stent	M	V35		00:58:15	00:58:28
60.	313	Sophie Tipping	F	SEN		00:58:22	00:58:37
61.	323	Paul Varah	M	V60		00:58:28	00:58:38
62.	187	Melissa Kelly	F	V45	Wakefield Triathlon Club	00:58:37	00:58:40
63.	186	Danny Kelly	M	V40	Wakefield Triathlon Club	00:58:37	00:58:41
64.	225	Richard Miller	M	V50	Tadcaster Harriers	00:58:19	00:58:46
65.	121	Roxana Freeman	F	V40	Easingwold Running Club	00:58:42	00:58:50
66.	87	Mark Dineley	F	V45		00:58:58	00:59:06
67.	25	Fiona Barker	F	V45		00:59:00	00:59:11
68.	233	Robert Nicholson	M	U23		00:58:50	00:59:23
69.	75	Stephane Cooper	F	V50	Easingwold Running Club	00:59:18	00:59:24
70.	67	Jonathan Clipston	M	V50	Nidd Valley Road Runners	00:59:23	00:59:29
71.	202	Lesley Lavery	F	V50	Abbey Runners	00:59:23	00:59:31
72.	58	Harriet Catterall	F	SEN		00:59:20	00:59:36
73.	259	Julie Rawlingson	F	V45		00:59:52	00:59:56
74.	8	Keith Alderslade	M	V60		00:59:52	01:00:16
75.	181	Tamsin Johnson	F	V35		00:59:55	01:00:21
76.	84	Matthew Deighton	M	SEN		01:00:07	01:00:23
77.	101	Trina Elkington	F	V45		01:00:22	01:00:31
78.	184	Cari Llewelyn Jones	F	SEN		01:00:24	01:00:44
79.	256	Simone Quinn	F	SEN		01:00:39	01:01:02
80.	255	Steven Quinn	M	SEN		01:00:39	01:01:02
81.	86	Lauren Dineley	F	SEN		01:01:25	01:01:34
82.	253	Bethany Purrington	F	SEN		01:01:05	01:01:34
83.	179	Sue Jannati	F	V55	Tadcaster Harriers	01:01:10	01:01:37
84.	33	Rebecca Bland	F	SEN	Tadcaster Harriers	01:01:10	01:01:37
85.	104	Louise Elrington	F	V45	Barnsley Harriers	01:01:52	01:02:10
86.	280	Karen Settle	F	V55	Scarborough Athletic Club	01:02:21	01:02:24
87.	191	Amanda Kilvington	F	SEN		01:02:10	01:02:25
88.	76	Robert Cooper	M	V50	Easingwold Running Club	01:02:25	01:02:31
89.	327	Helen Walpole	F	V35		01:02:25	01:02:35
90.	249	Alun Powell	M	V40		01:02:28	01:02:43



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Place	Bib	Name	Gender	AG	Club	ChipTime	GunTime
91.	274	Camila Ruddy	F	SEN		01:02:41	01:02:45
92.	217	Helen Mapplebeck	F	V45		01:02:44	01:03:08
93.	219	Lee Mapplebeck	M	V45		01:02:43	01:03:08
94.	60	Louise Chandler	F	V35		01:02:57	01:03:16
95.	132	Georgina Gough	F	V35		01:03:27	01:03:33
96.	164	Alison Hornsby	F	V50	Scarborough Athletic Club	01:03:47	01:03:50
97.	168	Alex Hughes	F	V35		01:03:41	01:03:50
98.	147	Sarah Heathwood	F	V35		01:03:25	01:03:53
99.	180	Jackie Johnson	F	V40	Run Eat Sleep	01:03:41	01:03:56
100.	348	Jenny Wright	F	SEN		01:03:40	01:03:56
101.	212	Cherise Low	F	V40		01:03:42	01:03:59
102.	53	Jane Carrick	F	V35		01:03:53	01:04:15
103.	314	Hannah Titmas	F	V35		01:03:53	01:04:15
104.	19	Ian Bailey	M	V50		01:03:58	01:04:23
105.	309	Dave Taylor	M	V60		01:04:09	01:04:24
106.	18	Karl Avison	M	V55		01:04:10	01:04:28
107.	45	Frances Bryant	F	V40		01:04:11	01:04:41
108.	154	Chloe Hill	F	U20		01:05:00	01:05:05
109.	350	Di Zbadynski	F	V50	City of York AC	01:04:58	01:05:06
110.	209	Philippa Lightowler	F	V35		01:04:55	01:05:20
111.	243	Ian Pattison	M	V55	Fitmums and Friends	01:05:12	01:05:32
112.	161	Caron Holburt	F	V55	Barnsley AC	01:05:30	01:05:42
113.	99	Madylin Ekers	F	U20		01:05:54	01:06:08
114.	291	Tracy Sleightholme	F	V45		01:06:06	01:06:21
115.	128	Violet Gill	F	V55	St Therasas AC	01:06:19	01:06:28
116.	44	Nigel Brown	M	V70		01:06:25	01:06:41
117.	126	Pamela George	F	V50		01:06:59	01:07:04
118.	257	Simon Quinnell	M	V40		01:06:37	01:07:04
119.	245	Caroline Pearce	F	V40		01:06:52	01:07:08
120.	37	Kate Boyd	F	V50	Pocklington Runners	01:06:55	01:07:10
121.	218	Dan Mapplebeck	M	V35		01:07:05	01:07:30
122.	170	Lindsey Hugill	F	V45	Selby Striders	01:07:25	01:07:33
123.	139	Tracey Harper	F	V40	Fitmums and Friends	01:07:18	01:07:39
124.	135	Gill Greeves	F	V60		01:07:41	01:07:54
125.	282	Jenny Sharp	F	V40		01:07:30	01:07:56
126.	283	Andrew Sharp	M	V45		01:07:30	01:07:56
127.	94	Pete Duggan	M	SEN		01:08:06	01:08:19
128.	95	Adam Duggan	M	SEN		01:08:07	01:08:20
129.	31	Sarah Bishop	F	V45		01:08:15	01:08:27
130.	335	Rachel White	F	V45	Selby Striders	01:08:29	01:08:37
131.	332	Katy Waugh	F	V35		01:08:12	01:08:39
132.	13	Alison	F	V40	Defence Sports And Recreation	01:08:13	01:08:40
133.	7	Claire Day	F	V40		01:08:40	01:08:45
134.	140	Polly Harris	F	V45	Sandhurst Joggers	01:08:17	01:08:47
135.	301	Maggie Steel	F	V50		01:09:30	01:09:39
136.	346	Kate Wozniak	F	V35		01:09:22	01:09:44



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Place	Bib	Name	Gender	AG	Club	ChipTime	GunTime
137.	347	Ben Wozniak	M	V40		01:09:22	01:09:44
138.	116	Sapna FitzGerald	F	V40		01:09:39	01:09:52
139.	40	James Braithwaite	M	U23	White City (Hull) RRC	01:09:47	01:10:06
140.	338	Marianna Wilde	F	SEN		01:09:50	01:10:11
141.	70	Kate Colcutt	F	V50		01:10:13	01:10:22
142.	165	Victoria Horton	F	SEN		01:10:18	01:10:23
143.	71	Laura Collins	F	V35	Selby Striders	01:10:17	01:10:25
144.	241	Bev Parker	F	V40		01:10:10	01:10:29
145.	227	Isobel Moffatt	F	V55		01:10:19	01:10:33
146.	238	Emily Owen	F	U20	Ackworth Road Runners	01:10:32	01:10:39
147.	26	Debbie Barton	F	V50	Ackworth Road Runners	01:10:32	01:10:39
148.	328	Josie Ward	F	V50		01:10:33	01:10:40
149.	199	Joanne Lambe	F	V35		01:10:28	01:10:42
150.	124	Charlie Galbraith	F	V40		01:10:28	01:10:42
151.	93	Lisa Duffield	F	V40		01:10:42	01:10:42
152.	62	Kathryn Clark	F	V40	Elvet Striders	01:10:37	01:11:07
153.	195	Jennie Knight	F	V45		01:10:46	01:11:17
154.	279	Anthony Secker	M	SEN		01:10:49	01:11:20
155.	6	Beverley Aghahoseini	F	V55		01:11:08	01:11:23
156.	248	Anne Potts	F	V60		01:11:16	01:11:30
157.	88	Christine Dixon	F	V60		01:12:03	01:12:15
158.	264	Susan Rigg	F	V50		01:12:04	01:12:18
159.	319	Chloe Turner	F	SEN		01:12:08	01:12:25
160.	200	Anne Langley	F	V60		01:12:17	01:12:26
161.	47	Katie Cadwell	F	V50	Barnsley Harriers	01:12:10	01:12:28
162.	316	Natasha Toulson	F	SEN		01:12:18	01:12:30
163.	324	Lorna Walker	F	SEN		01:12:21	01:12:35
164.	232	Angela Nicholson	F	V45		01:12:22	01:12:49
165.	156	Lucy Hind	F	V45		01:12:46	01:12:51
166.	21	Karen Baker	F	V45		01:12:48	01:12:59
167.	239	Melanie Owen	F	V40	Ackworth Road Runners	01:13:06	01:13:13
168.	247	Lindsay Pinder	F	V50	Ackworth Road Runners	01:13:06	01:13:14
169.	329	Liz Ward	F	V45		01:13:10	01:13:24
170.	290	Kerry Slater	F	V45		01:13:17	01:13:31
171.	263	Claire Richards	F	V45		01:13:21	01:13:31
172.	150	Shelley Heys	F	V40		01:13:24	01:13:41
173.	83	Nicola Dawson	F	V35		01:13:27	01:13:43
174.	78	Alanna Craig	F	SEN		01:13:29	01:13:50
175.	2	Katherine Abel	F	SEN		01:13:32	01:13:57
176.	298	Andrea Sparkes	F	V40		01:13:47	01:13:59
177.	237	Melanie Oliver	F	V35		01:14:05	01:14:16
178.	222	Manetta McIntosh	F	V40	Defence Sports And Recreation	01:14:01	01:14:29
179.	240	Evelyn Owen	F	V40	Ackworth Road Runners	01:14:23	01:14:31
180.	96	Amy Dymond	F	SEN		01:14:20	01:14:37
181.	89	Corrinne Dockwray	F	V40	Run Eat Sleep	01:14:26	01:14:40
182.	260	Pauline Redman	F	V50		01:14:42	01:14:51



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183.	64	Alisa Clarkson	F	U23		01:14:26	01:14:59
184.	174	Emma Jackson	F	SEN		01:14:41	01:15:02
185.	149	Jackie Helstrip	F	V45		01:15:04	01:15:16
186.	295	Hannah Smith	F	SEN		01:15:00	01:15:18
187.	90	Andre Dryden	M	V55		01:15:26	01:15:45
188.	160	Cheryl Hoggarth	F	V55		01:16:06	01:16:10
189.	236	Deborah Oakey	F	V50		01:16:06	01:16:10
190.	178	Vickie Jamieson	F	V40	Bramley Breezers	01:16:12	01:16:34
191.	210	Donna Lomax	F	V35		01:16:16	01:16:36
192.	190	Cath Kenyon	F	V45		01:16:16	01:16:36
193.	220	Helen Marshall	F	V50	Kingstone Runners Barnsley	01:16:25	01:16:36
194.	38	Louise Brace	F	SEN	Airecentre Pacers	01:16:23	01:16:43
195.	318	Ann Towler	F	V50		01:16:47	01:16:52
196.	326	Joy Walker	F	SEN		01:17:04	01:17:10
197.	146	Jayne Hathaway	F	V40		01:17:01	01:17:15
198.	148	Susan Hebbbron	F	V35		01:17:06	01:17:19
199.	77	Victoria Cottrell	F	V40		01:17:11	01:17:24
200.	91	Emily Ducat	F	SEN		01:17:20	01:17:25
201.	92	Rob Ducat	M	V55		01:17:20	01:17:25
202.	287	Clare Simpson	F	V50	Nidd Valley Road Runners	01:17:30	01:17:35
203.	315	Vicky Todd	F	V35		01:17:26	01:17:36
204.	162	Joanne Hopkins	F	V40		01:17:20	01:17:37
205.	306	Rebecca Swales	F	V35	UKRunChat Running Club	01:17:06	01:17:39
206.	305	Vicki Sumner	F	V40		01:17:32	01:17:43
207.	171	Danielle Hutchinson	F	V40	Bramley Breezers	01:17:21	01:17:43
208.	292	Justine Smith	F	V40		01:17:44	01:17:55
209.	32	Mel Blackburn	F	SEN	Methley Striders	01:17:44	01:17:57
210.	221	JULIE MCCAFFER	F	V45		01:17:46	01:18:00
211.	265	Simon Rimmington	M	V45		01:18:03	01:18:16
212.	142	Coralin Harrison	F	V70	Harrogate Harriers & AC	01:18:21	01:18:28
213.	276	Denise Scarce	F	V50		01:18:23	01:18:28
214.	46	Ashleigh Burns	F	V40		01:18:38	01:18:47
215.	296	Vicky Smith	F	V50		01:18:30	01:18:47
216.	157	Bekki Hirst	F	V35	Airecentre Pacers	01:18:49	01:19:11
217.	152	Jody Hill	F	V35	Airecentre Pacers	01:18:50	01:19:11
218.	145	robert harrison	M	V45		01:18:55	01:19:15
219.	35	samantha boden	F	SEN		01:18:56	01:19:15
220.	68	Penny Clough	F	V50		01:19:07	01:19:21
221.	278	Cheryl Scott	F	SEN		01:19:26	01:19:39
222.	331	James Watts	M	SEN		01:19:26	01:19:39
223.	224	James Metcalfe	M	V35		01:19:48	01:20:16
224.	22	Sarah Ballantyne	F	V35		01:20:17	01:20:28
225.	198	Charlotte Kruger	F	V40		01:20:22	01:20:28
226.	244	Adele Payne	F	V45		01:20:27	01:20:39
227.	208	Laura Lenaghan	F	SEN		01:20:29	01:20:41
228.	235	Jennifer O'Callaghan	F	SEN		01:20:34	01:20:42



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229.	9	Linda Alderslade	F	V55		01:20:59	01:21:25
230.	20	Sonia Bailey	F	V50		01:21:01	01:21:27
231.	123	John Freeman	M	V70		01:21:19	01:21:29
232.	39	Judith Bradshaw	F	V40		01:21:28	01:21:32
233.	43	Sarah Brown	F	V35		01:21:12	01:21:32
234.	262	Craig Redmond	M	V35	Tadcaster Harriers	01:21:29	01:21:38
235.	129	Helen Goodwill	F	V35		01:22:09	01:22:20
236.	269	Anna Rowe	F	V40		01:22:23	01:22:34
237.	311	Julie Thomas	F	V45	Sisters R Doing It	01:22:27	01:22:41
238.	304	Vera Summerscales	F	V50		01:22:37	01:22:41
239.	106	Sara ELWOOD	F	V40		01:22:42	01:23:08
240.	80	Dian Crone	F	V45	Bridlington Road Runners	01:23:11	01:23:13
241.	336	Karen White	F	V55	Bridlington Road Runners	01:23:11	01:23:14
242.	159	Keran Hodgson	F	V45	Stockton Striders AC	01:22:05	01:23:30
243.	294	Naomi Smith	F	SEN		01:22:06	01:23:30
244.	144	Debra Harrison	F	V45		01:23:23	01:23:42
245.	133	Tracy Grange	F	V35	Team Manvers	01:24:09	01:24:32
246.	49	Aoife Cameron	F	SEN		01:24:10	01:24:37
247.	258	Kate Ramsay	F	V45	City of York AC	01:24:31	01:24:52
248.	206	Sarah Lee	F	V45		01:24:31	01:25:01
249.	36	Fi Bonas	F	V50		01:24:51	01:25:08
250.	177	Kelly Jackson	F	V35	Yorkshire Wolds Runners	01:25:32	01:25:59
251.	12	Sarah Anderson	F	V45	Fitmums and Friends	01:25:33	01:25:59
252.	81	Andy Darby	M	V45	Crossgates Harriers	01:25:30	01:25:59
253.	103	Delia Ellis	F	V55		01:26:43	01:26:55
254.	125	Helen Gardner	F	V45		01:27:02	01:27:21
255.	50	Nadine Cameron	F	V40		01:27:02	01:27:21
256.	310	Ashley Tazzyman	M	V40		01:27:47	01:27:47
257.	261	Arielle Redman	F	SEN		01:28:13	01:28:22
258.	5	Michelle Addy	F	V45		01:28:37	01:28:56
259.	66	Lisa Clipston	F	V45	Nidd Valley Road Runners	01:29:21	01:29:27
260.	69	Carol Coates	F	V50	Nidd Valley Road Runners	01:29:23	01:29:27
261.	112	Miriam Fenwick	F	V60	Teesdale AC	01:31:22	01:31:36
262.	41	Elsie Brewster	F	SEN		01:33:17	01:33:29
263.	337	Stephanie Wiggins	F	SEN		01:33:02	01:33:29
264.	334	Amanda West	F	V50	Barnsley Harriers	01:34:00	01:34:17
265.	59	Clara Challoner	F	V50		01:34:17	01:34:34
266.	61	Anastasia Chaplin	F	V35		01:34:24	01:34:35
267.	251	Tracey Preece	F	V40		01:36:08	01:36:22
268.	341	Jill Winters	F	V40		01:36:42	01:37:10
269.	4	Lynn Adam	F	V55		01:36:44	01:37:14
270.	230	Susan Moverley	F	V55	Fitmums and Friends	01:38:44	01:39:02
271.	229	Rachael Moverley	F	SEN	Fitmums and Friends	01:38:44	01:39:02
272.	100	Joanna Ekers	F	V40		01:43:34	01:43:39
273.	339	Claire Wilson	F	V35		01:43:49	01:44:08
274.	273	Lauren Ruddock	F	SEN		01:56:52	01:57:07



## Chocolate 10k

### **Overall Results**

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<b>Place</b>	<b>Bib</b>	<b>Name</b>	<b>Gender</b>	<b>AG</b>	<b>Club</b>	<b>ChipTime</b>	<b>GunTime</b>
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Number of records: 274

